

वर्ष: 50 अंक : 04 अप्रैल 2020 सं. 2077 चैत्र लागत मूल्य : ₹ 6



# Kendriya Yuva Samiti &

All Kshetriya Yuva Samitis Organise

# 21 POINT ACTION PLAN For

# **CORONA - PROOFING YOUR BUSINESS**

With

Shri Anirudh Damani

Managing Partner Artha Venture Fund

Date - Sunday, 26th April 2020 Live Webinar - 4:30 PM

Aniket 967587253 | Arpit 9820275443 | Dileep 9829798449

Zoom Meeting id - 91547654126 Password: mandal

# महेश नवमी उत्सव

रविवार, दि. 31 मई 2020 सायं 5 बने स्थान : माहेश्वरी भवन, गिरगांव



कोरोना महामारी (COVID-19) को ध्यान में रखते हुए इस उत्सव की अधिक जानकारी एवं रूपरेखा आगामी सरसवाणी में प्रकाशित की जायेगी।

प्रमोदकुमार देवपुरा, मंत्री



# "19 HEROES OF COVID-19"

Jaishree krishna!

Wishing you all a very safe & healthy summer holiday at home. This is the first time no one is discussing the rising temperatures, rather it is being welcomed so that the temperature of our body remains low.

Well in the last one month much has been heard, written, seen and talked about the dreaded so called virus COVID-19. Looking at the current scenario, once again, the almighty has proved that he is the best leveler.

My write up is titled "19 HEROES OF COVID–19" and my story starts at midnight when I hear the sound of a stick banging against the wall of my society compound. That sound gives me the confidence that all is well as Hero #1 - My Security Guard is on the watch so that I can sleep comfortably. Now I am the security guard guarding my family.

Then around 5.30am the door bell rings and the Hero #2 – Milk Man gets the supply of milk. Now I am the milk man who stocks up for 5 days at one go.

Right lafter, I hear the beep of my car lock and I know its 7.00am and Hero #3 – Car Wash Boy is washing the car. Now I wash it once a week as my car has not moved, nor is there dust in the air.

Then I hear a small knock on my door at 7.30am and it's time to know what's going on in the world. It's Hero #4 – Newspaper Vendor who has just dropped the newspaper at my door. I don't need any newspaper now as I am getting my daily news from 15-20 different sources on my countless Whatsapp groups. Now, every group has their own newspaper boy dropping news right to your phone instead of your doorstep.

Now enters, yes you guessed it right, Hero #5 – My Maid Servant who takes care of dusting, sweeping, mopping and Hero #6 – My Domestic Help who takes care of putting the washing machine on, washing utensils, filling water, kitchen work, etc. Now, the responsibilities have been distributed between my wife, kids and me.

Then around 9.30am the Hero #7 – Ironing Man/Dhobi comes & irons the clothes. In this case, I only have two choices. Either I myself iron the clothes or wear it with a crease. I took the second one & have been wearing un-ironed clothes ever since.

Now enters the next super star, Hero #8 – Sweeper, who sweeps & takes the garbage. Now, it's me wearing a mask, sweeping outside the house and carrying both the dry & wet waste bags to the main collection centre of my society.

While coming back, I went to my neighbour's garden, jumped the garden fence and sneakily robbed some flowers for my pooja as Hero #9 - My Flower Vendor too,



like others, has not been coming.

Around 11.00am, Hero #10 – The Vegetable & Fruit Vendor comes to the society to provide us with the freshest there is to offer. Now, I have to stand in queue with social distancing and wait for my turn to get my share for the week.

Now it's the turn of need based supporters like my Hero #11 – Bhangarwala or Raddiwala. There is very little to do here as no newspaper & magazines mean very little waste is collected.

Next up on our list of needs is when the drainage system does not function or any water related issues; we call our Hero #12 – Plumber. Cut to now, where I became the saviour for the building by putting my hand in the pipe and extracting the waste.

After a day of chores when I am washing my hands with soap, suddenly the lights go off and I remember my Hero #13 – The Electrician. However, now I am my own repair man and fixing the fuse is my job.

In my everyday needs while working at home, next comes Hero #14 - My Tiffin Boy. His services are no longer needed because the journey from home to work has been replaced by room to kitchen.

Talking about journey, Hero #15 – My Driver was not coming either. I went down for a car battery check but alas, that failed me and did not start.

Then I became my Hero #16 – The Mechanic and took two cables and connected it on the battery of my other car and jump started the car.

Meanwhile, my wife had ordered some groceries online but our Hero #17 – The Delivery Boy was not allowed so I had to come down at the gate to collect my heavy parcel.

Now on a normal day in evening I would send Hero #18 – My Office Clerk to get some snacks like Bhel, sandwiches, etc from the Hero #19 – The Street Hawker but now I am the hawker and the clerk serving my family by making sandwiches, bhel, fries, etc.

Well! The above story of mine is not to laugh about but it is to make you aware of the facts. These unsung heroes and many other like them who we come across in our daily life must be surviving. Their sole existence depends upon the wages they earn from us with their work. They serve us throughout the year and I also agree that we do pay them for that, we also get upset with them for not performing, not being punctual, etc. But friends, now is the time to repay them by calling them, looking after their basic essentials, their medical needs, or if they need any help as such, etc. Who will look after them if we don't? It's good to donate to all type of relief funds, charitable associations, NGO's but first as the saying goes "Charity Begins At Home".

Now a few lines for my biggest super heroes of the moment, The BMC

अध्यक्षीय पृष्ठ अप्रैल 2020

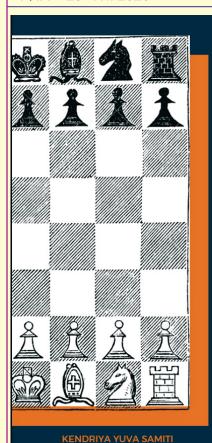
Employees, The Healthcare Staff like doctors, paramedics, etc and of course the super star - The Mumbai Police for doing an outstanding job.

Hindi me kahayat hai - Tann Mann aur Dhan se dijiye. So for the all these super heroes, Tann se.... We cannot give our presence but definitely try to look after their food, water, etc. Mann se....Let's spare a few minutes to pray for the excellent work they are doing by risking their own lives for our safety. Lastly, Dhan se.... Donate whole heartedly towards their welfare.

Jai Mahesh.

अध्यक्ष

दिनांक: 25 अप्रैल 2020



98297 98449

TOURNAMENT 10 MAY 2020 3 PM TO 5.30 PM

MAHESHWARI PRAGATI MANDAL

GHATKOPAR YUVA SAMITI

**ALONG WITH KENDRIYA YUVA SAMITI** 

& ALL KSHETRIYA YUVA

**SAMITIS PRESENTS** 

ONLINE

MPM CHESS

REGISTER BEFORE MAY 08, 2020

PRACTICE SESSION ON MAY 09, 2020

**SEEMA MALANI** 93246 38256

**GHATKOPAR YUVA SAMITI** 

DILEEP MAHESHWARI ARPIT DEVPURA PARTH NAVANDAR 98202 75443 98198 73691

### TO REGISTER AND FOR MORE DETAILS

VINEET BIYANI 9833513191

**AMIT A HOLANI** 9920815246

गोरेगांव क्षेत्रीय समिति द्वारा आयोजित विदेश यात्रा एवं बच्चों के लिये समर कैम्प आगामि सचना मिलने तक स्थगित किये गये है।

गोपालकृष्ण मालपानी -संयोजक

बोरीवली क्षेत्रीय युवा समिति द्वारा दि. 2 व 3 मई 2020 को आयोजित Box Cricket Tournament स्थगित की गये है।

- गौरव चेचानी, संयोजक

## श्रीजी शरण

मण्डल के आजीवन सदस्य श्री अरूणकुमारजी मालपानी का वैकुण्डवास दि २१ अप्रैल २०२० को ५१ वर्ष की आयु में बांगङ नगर गोरेगांव में हो गया । भगवान महेश दिवंगत आत्मा को चिरशांति प्रदान करें।

- मंत्री



### List of DOCTORS for FREE CONSULTATION

#### ANDHERI

#### Dr.Shradhaji Maheshwari

Neuro Surgeon (Brain &Spine) 98926 86274 shradha.neuro@gmail.com Monday to Friday 4pm to 6pm

#### Dr. Pravinji Kahale

Cardiologist 74982 97202 Monday to Friday 4pm to 6pm

#### Dr. Madhurji Maheshwari

Endocrinology Diabetes, Thyroid & Harmon specialist 93237 43249 madhurmaheshwari@hotmail.com Monday to Friday 5pm to 7pm

#### Dr. Akanksha Rathi Maheshwari

Psychiatry Consultant Bombay Hospital 93709 43706 drakanksharathi@hotmail.com Monday to Friday 5pm to 7pm

#### Dr Rameshji Dargad

MBBS MD 98201 52828 rohitdargad@hotmail.com

#### **Dr Kapil Rathi**

MD Medicine, TDD,FCCP,FCCM 93220 20446 drkapilr@yahoo.co.in

#### Dr. P K MAHESHWARI

MD (Medicine)FCCP, FRSH(UK) Consulting Physician &Cardiologist 98200 67055 vitalcarecentre@gmail.com

#### **GOREGAON**

#### **Dr.Shamsunder Pophale**

96194 74811/ 98692 21909 10am to12pm and 5pm to7pm

#### Dr. Deenbandhu Mundhra

(MD) 99695 44434

drdbmmnd@gmail.com

#### Dr. Vishal Baldua

(MD) 90229 48469

vishalbaldua@gmail.com

#### Dr. Pranav Kabra

(MD)

98694 59951

pranavk77@yahoo.com

#### MALAD

#### Dr. Yogesh Mundhra

Dental Surgeon 93213 27987 12pm to 2pm

#### Dr Pankaj K Bang

MBBS DNB Pulmonologist 022 2877 3102

#### Dr. Balkrishna Mundhra

(MD) 98200 57563

#### Dr. Vrajesh Kabra

MD Pathology 98202 55691

#### BORIVALI

#### Dr. Gauravji Gupta

Gen.Physician & Intensivist 99679 21175, 98672 20473 Monday & Wednesday 2pm to 4pm

#### Dr. Sameerji Gaggar

Gastroentrlogist 99203 52540

Monday to Friday 11am to 1pm

#### Dr.Renuji Gaggar

General Phisician 99209 80520 Monday to Friday 9.30 am to 11am

#### Dr. Kamalji Kabra

Dentist 98213 76005



#### BORIVALI

**Dr Pushkar Kasat** 

**ENT Specialist, Consultant Neurologist** 

Vertigo & Balance disorders

97681 45760

Dr. Sandhya Biyani

Dentist

96197 17165

4pm to 6pm

Sandhya@divinesmiles.inl Surgeon

#### **DAKSHIN MUMBAI**

Dr. Rekhaji Zanwar

MD (Homeopathy)

99301 99300 / 77383 57838

11am to 1pm

rekhazanwar20@gmail.com

Dr. Biharilalji Chitlangia

(MS) Gen.Surgeon Bombay Hospital

99675 96133

9am to 10am

Dr. Madhusudanji Maheshwari

(M S) Cancer Surgeon Bombay Hospital

98200 43409 9pm to 10pm

Dr.Pravinji Rathi

M D (Medicine) D M (Gastroenterology)

**Bombay Hospital** 93224 06438

Sunday 10am to 12pm

#### MADHYA MUMBAI

Dr. Vijayji Maheshwari

MBBS, DA 98200 70010

Dr.Ushaji Maheshwari

MD, DA 98200 74094

10am to 12pm & 6 pm to 8 pm

Dr.Trupti Gilada

M D Medicine Fellowship in Infectious Diseases

(Harward University)

Physician, Prince Alykhan & Masina Hospital

98191 12122

Monday to Saturday 4pm to 6pm

Dr. Saroj Agarwal

Medical Coordinator for Breach Candy Hospital

& Kokilaben Hospital

98200 86907 10am to 6pm

#### GHATKOPAR

Dr. Sheetalji Kabra

MD (Homeopathy) 98334 08817

Dr. Vijayji Kabra

BDS, MAO (USA) 98922 96562

Dr.Diwakar Gupta

MBBS, DCH, LLB 98209 56743

#### **MULUND**

Dr. Pankaj Maheshwari

MS, MCH Urology 8879350085

Wednesday & Saturday

Dr. Madanmohan Mohta

Dentist

98673 92066

Monday to Wednesday 10am to 2pm

**Dr.Khushbu Mohta** 

Dentist

99702 86196

Thursday to Saturday 2pm to 4pm

Dr Bharat somani

MD (Medicine) General physician D Y Patil hospital Navi Mumbai

9930711167

6pm-7pm daily evenings



# **Maheshwari Cultural Mahotsav An online Talent Competition**

Hi everyone, Jai Shree Krishna. Wondering what to do in this Lockdown? Well, don't worry! Presenting to you- Maheshwari Cultural Mahotsav- An online talent competition for young, old and family! तो चलिए हम सब मिलकर इस Quarantine Period का सही उपयोग करते हैं और हमारे

अंदर छुपे हुए हुनर और कला को एक बार फिर मौका देते हैं।

#### **ACTIVITIES TO BE HANDLED BY MAHILA SAMITI:**

#### 1. Maheshwari MasterChef:

#### Rules:

- a) This is a unisex competition. So all males and females can participate in this event who are above +18 years old
- b) You have to submit your entries through a 5 minute video which needs to include the following: Step by step process of you making the dish You need to be clearly visible in the video when showing the steps i.e. chopping, cooking, plating, dressing etc You need to show the finished product in the video You need to show the recipe in the video.

#### 2. Maheshwari Idol:

#### Group A) Below 18 years Group B) Above 18 years Rules:

- a) This is a unisex competition. So all males and females can participate in this event
- b) You have to submit your entries through a 3 minute video which will be solo singing without any instrument or minus one track
- c) All types of songs are allowed i.e. Hindi, Regional, English, Mashups, Bhajans
- d) You can also sing your own compositions also.

#### 3. Essay Writing Competition:

#### Group A) 15 to 35 years Group B) Above 35 years

- a) This is a unisex competition. So all males and females can participate in this event
- b) Subject for Essay: For 15 to 35: "The world you see after lockdown"

#### For Above 35 : "बदलती ज़िन्दगी 2020".

- c) Languages allowed: 15 to 35 English or Hindi Above 35: Hindi only
- d) Maximum 250 words, handwriting to be clear and readable, please make sure no cancellations.
- e) You have to submit your entries by sharing a clear photo of your essay. Digital copy also allowed.

#### **ACTIVITIES TO BE HANDLED BY YUVA SAMITI:**

1. Rang De Maheshwari: Drawing, Painting and Sketching

Group A) 6-12 years (Theme: Family) Group B) 13-18 years (Theme: Life in lockdown)

#### Rules:

- a) This is a unisex competition. So all girls and boys can participate in this event.
- b) You have to submit your entries by sharing a photo of your artwork
- c) We will accept all kind of entries i.e. Pencil sketch, oil paint, water colours, crayons, colour **pencil etc**



#### 2. Dance Maheshwari Dance

#### Rules:

a) This is a unisex competition. So all males and females can participate in this event b) Minimum 2 and maximum 4 members of the family have to come together for the dance.c) It can be a mother-daughter, brother-sister, father-mother, husband-wife, sister-sister, any family member.) You have to submit your entries through a 2 minute videoe) All types of songs are allowed i.e. Bollywood, Regional, English and Bhajans

#### 3. Maheshwari Family No.1

#### Rules:

- a) This is a unisex competition. So all males and females can participate in this event
- b) Minimum 3 and maximum 5 members of the family have to come together for the skit.
- c) Theme: Light humour with a social message around family.
- d) You have to submit your entries through a 5 minute video with a clear and loud audio.) Languages allowed: Hindi, English and Marwari.

#### Common rules for all 6 activities:

- a) Entries to be submitted to the respective Sahyojak/Sahyojika of the Mahila and Yuva Samitis as per the events mentioned above whose names will be published in the saraswani
- b) You can also submit your entries via email to the Kshetriya Coordinators whose email addresses will be published in the saraswani as well
- c) All entries to be submitted before 5th May, 2020 11:59pm.
- d) Please note this event will be held in each Kshetra and the three best entries for each event from each Kshetra will be sent for the finals to Mandal.
- e) The judges decision will be final and binding on All.For registration and more details contact <Name to be added>
  - Please note, while this is a competition, the idea behind organizing this is for the members to continue being their productive selves and be entertained during this lockdown period. We urge each one of you to have fun and make the best use of the time that has been given to us to build stronger bonds and spend some quality time with your family via these activities. The spirit of winning and losing should not be the focus but the involvement and interaction with each other is of utmost importance.

BHAG LO (Participate) ya BHAAG LO(Avoid) - choice is yours!

#### LIST OF ZONAL CO-ORDINATORS

Kshetra	EVENT	Coordinators	Contact No.	Master Coordinator
BORIVALI	Rang De Maheshwari Dance Mandal Dance Maheshwari Family No.1 Maheshwari Master Chef Maheshwari Idol Essay Writing Competition	Vinodji Maloo Gauravji Chichani Shikhaji Rander Kalpanaji Laddha Sarojji Laddha Sumanji Mundra	9821119785 9022240892 9819393800 9820443537 9819623888 9819129900	Neha Loya Chichani- 9819295949
GOREGAON	Rang De Maheshwari Dance Mandal Dance Maheshwari Family No.1	Madhurji Kankani Vinodji Holani Nandkishoreji Darak	9870587538 9819201963 7710041324	



Ks	shetra	EVENT	Coordinators	Contact No.	Master Coordinator
	GOREGAON	Maheshwari Master Chef Maheshwari Idol Essay Writing Competition	Sangeetaji Totla	8369148255 9969545441 9920784850	
	MALAD	Rang De Maheshwari Dance Mandal Dance Maheshwari Family No.1 Maheshwari Master Chef Maheshwari Idol Essay Writing Competition	Prernaji Laddha Shriyaji Phalod Deepikaji Tawri Neelamji Sodhani Sharmilaji Jhawar Lalitaji Maheshwari	9867736766 9987065879 9920145200 9769215307 8879333966 9324460852	Jyotiji Sarda- 9320309630
	MADHYA MUMBAI	Rang De Maheshwari Dance Mandal Dance Maheshwari Family No.1 Maheshwari Master Chef Maheshwari Idol Essay Writing Competition	Gauravji Bhandari Dineshji Maheshwary Prashantji Lahoti Rakhiji Bajaj Sumanji Bang Sushmaji Jaju	9702003450 9320006885 9967118008 9821320925 7738389999 9320056000	Madhuji Toshniwala- 9967621628
	ANDHERI	Rang De Maheshwari Dance Mandal Dance Maheshwari Family No.1 Maheshwari Master Chef Maheshwari Idol Essay Writing Competition	Atulji Karwa Rhutaji Gandhi Mamtaji Jhawar Supriyaji Darak Jaishreeji Kabra Savitaji Maheshwari	9819819897 9922788924 7600671772 9969089300 9320106620 9819544050	Kantaji Malpani- 9322733821
	SOUTH MUMBAI	Rang De Maheshwari Dance Mandal Dance Maheshwari Family No.1 Maheshwari Master Chef Maheshwari Idol Essay Writing Competition	Umeshji Mundra Vikasji Kabra Nidhiji Somani Ramaji Kela Sumanji Kotari Vandanaji Mandhania	9867775851 9821090654 7506251009 9987766664 9322595881 9833655634	Sangeetaji Bharadia- 9820051554
	MULUND	Rang De Maheshwari Dance Mandal Dance Maheshwari Family No.1 Maheshwari Master Chef Maheshwari Idol Essay Writing Competition	Rakeshji Bhattad Pratimaji Rathi Reenaji Mandowra Mandakiniji Kabra Seemaji Heda Sumanji Tapadiya	9321030784 8779341239 9867820388 9324087143 9892254643 9892391821	Poonamji Rathi- 9702888551
	GHATKOPAR	Rang De Maheshwari Dance Mandal Dance Maheshwari Family No.1 Maheshwari Master Chef Maheshwari Idol Essay Writing Competition	Parthji Navander Abhisheji Bajaj Rohitji Mohta Truptiji Maheshwari Lataji Loya Manishaji Biyani	9819873691 9833010727 9820925987 9082352030 9870447471 9867934216	Kalpanaji Loya- 9323008960

## Maheshwari Pragati Mandal presents

## **MPM Summit 2020 (Entrepreneurial Development)**

After the tremendous response at the Maheshwari Pragati Mandal's BSM 2020, we are pleased to announce the next edition to bring all the Women Maheshwari Entrepreneurs / Startup / Entrepreneurs of Mumbai city on a platform to showcase their Entrepreneurial capabilities. In order to continuously keep the MPM Member Entrepreneurs & Youth involved we bring to you - "MPM SUMMIT 2020".

#### Attractions at the Summit are:

- Entrepreneur Presentations
- Campus Recruitment
- Networking Event
- Speaker Sessions
- Mentoring Sessions

The program is held with an intent to provide connect with the Veterans in the Field, Higher Visibility, Mentoring and various other Growth Opportunity for the entrepreneur.

To start with we are providing a platform to the entrepreneurs with an Idea / Product / Service to participate in the event by submitting the presentation / profile of his or her Entrepreneurial profile with specific information:

- Short overview of the Entrepreneurial Idea
  What is the problem you are trying to solve
- What is the solution you are offering
- Competitor Analysis
- Target Market
- The Team

- What is your USP (Unique Selling Proposition)
- Revenue Model
- Your Milestones
- Funding received so far

Once the presentation is submitted online, the panelist shall filter and shortlisted candidates will get an opportunity to present themselves at the summit to various heads of Maheshwari Houses in the Field, successful entrepreneurs and also get an opportunity to put a Stall to showcase the Entrepreneurial Capabilities.

Note: - This summit is an educational project for enhancing the entrepreneurial capabilities and for educating to remove the bottlenecks and not for any business/commerce.

Kindly share your profile on mpmsummit@gmail.com and info@mpmmumbai.in before 15th May 2020.

Get in touch with us for any query:

Name	Phone Number	Area
Chanchal Rathi	9892303256	Boriwali
Seema Mantri	9769941103	Boriwali
Jyoti Sarda	9320309630	Malad
Sunita Sharda	9324748773	Malad
Dileep Maheshwari	9829798449	Goregaon
Monika Malpani	7977206270	Goregaon
Rajshree Laddha	9619594917	Andheri
Swati Kabra	9867122621	Ghatkopar
Sumeet Darak	9768542376	Madhya Mumbai
Rakesh Bhattad	9321030784	Mulund
Gopal Malpani	9892019085	South Mumbai

Pramod Kumar Devpura - Mantri



# सेवा परमो धर्मः

# माहेश्वरी प्रगति मण्डल द्वारा सर्वजन हिताय कार्यक्रम

कोरोना (COVID-19) महामारी के प्रादुर्भाव के कारण मुम्बई में कई व्यक्तियों को भोजन नहीं मिल रहा है। इस बात को ध्यान में रखते हुए मण्डल की अंधेरी, मालाड व दक्षिण मुम्बई क्षेत्रीय समितियों द्वारा गत लगभग एक महीने से भोजन के पेकेट्स वितरित किये जा रहे है। अंधेरी में लगभग 1100, मालाड में ५०० एवं दक्षिण मुम्बई में 150 भोजन पेकेट्स प्रतिदिन वितरित किये जा रहे है। सेवा के इस पुनित कार्य में समाजबन्धु अपना सहयोग प्रदान कर सकते हैं।

समिति	अध्यक्ष	संयोजक
अंधेरी	बसन्तकुमार चाण्डक	मुकेश काबरा
	98200 29920	98207 07510
मालाड	गजानन्द गग्गड	राधेश्याम डालिया
	93209 69649	93224 05773
द. मुम्बई	मुरलीमनोहर तापडिया	हर्षद केला
	93230 15596	98198 32445







खुद रहें सुरक्षित और दूसरों को भी कोरोनावायरस से बचाएं!

#### क्या न करें



**खांसी और बुखार होने पर** किसी के संपर्क में न आयें



अपनी **आंख, नाक या मुंह** को ना छूएं



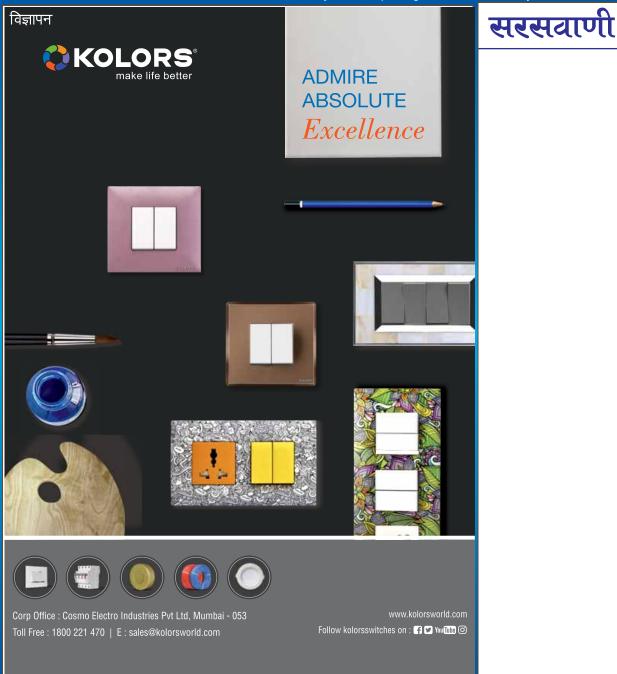
सार्वजनिक स्थानों पर ना थूकें

# हमारे त्यौहार

अक्षय तृतीया -रविवार 26 अप्रैल 2020



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